Daily care log

Day	
Date	
Logged by	

Meal	What was eaten	How much (all, some, none)
Breakfast		
Lunch		
Dinner		
Snacks and drinks		

Today	Notes
Sleep last night	
Mood today	
Bathroom	
Activity, walks, exercises	
Bathing, dressing, grooming	
Visitors and calls	
Anything new or different	
Pass on to the next person	